

# REMOTE PATIENT MONITORING

The practice of healthcare providers closely monitoring patient's chronic health conditions from a remote or distant location.

## NEED FOR RPM EXPANSION

- The COVID-19 Public Health Emergency showcased the need to provide specific underserved or hard to serve populations with continuous chronic care management (CCM) via telehealth and digital health services.
- The U.S. Healthcare system is currently facing an intense shortage of practitioners, unable to meet the demand to continue quality care for all those in need of services.



**\$3.5 TRILLION  
DOLLARS**

The amount the U.S. spends on treating chronic and mental health conditions.

**RPM provides the opportunity to improve care access, maintain quality, and support patients and providers.**

## FUTURE OF RPM

- Technology and devices will continue to become more advanced and sophisticated, broadening the abilities and adoption of RPM.
- Decreased burden on healthcare providers and health systems with time saving and efficient CCM practices.
- Decreased health care costs; avoiding expenses associated with emergencies and admissions and hefty overhead.
- Reduction in fraud, waste, and abuse of healthcare services.
- Continued improved patient engagement and retention.

## CTel's Mission

- CTel is working to build out a specific Remote Patient Monitoring (RPM) Caucus to help drive RPM focused legislation.
- Also, CTel is working to build a RPM Coalition to unite the game-changers and experts in the field of RPM adoption, policy, and practice.
- Coalition and Caucus members will meet regularly to discuss how RPM can continue to grow effectively into the telehealth and digital health space.

**Interested in finding out more about CTel's RPM Coalition? Email us today at [info@ctel.org](mailto:info@ctel.org).**

# REMOTE PATIENT MONITORING VS. TELEHEALTH

## HOW ARE THEY DIFFERENT?

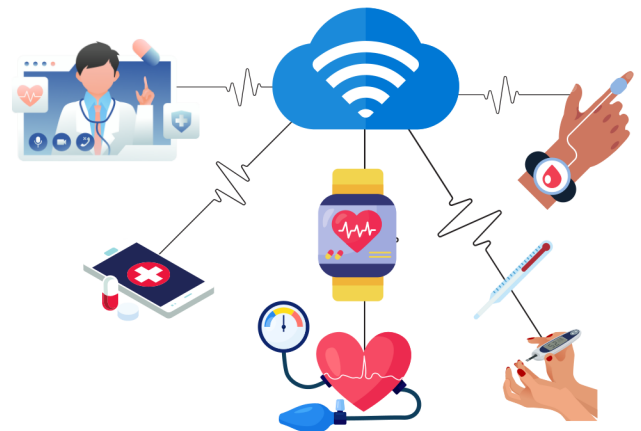
### TELEHEALTH

- Provide medical services and consultations remotely, allowing patients and healthcare professionals to interact in-real-time from a remote location.
- Appropriateness of telehealth for a specific condition may depend on factors such as the severity of the condition, the need for physical examinations, and the technology available.



### REMOTE PATIENT MONITORING

- The use of technologies by medical providers to receive procedure and examination follow-up vitals and patient information.
- Allows patients to more continuously monitor chronic conditions or post-surgical conditions without the need for in-office visits.



## HOW ARE THEY REIMBURSED DIFFERENTLY?

### TELEHEALTH

#### MEDICARE:

Defined in section 1834(m) of the Social Security Act, citing services "that would otherwise be furnished in person, but are instead furnished via real-time, interactive communication technology" are to be reimbursed.

- Fee-for-service claims are reimbursed using over hundreds of CPT codes.
- Federal law limits telehealth coverage of store-and-forward or asynchronous telehealth to certain projects located in Alaska or Hawaii. Some asynchronous tasks, such as virtual check-ins can be billed to specific Medicare codes.

#### MEDICAID:

Reimbursements vary by state and are ever evolving. Check with your specific state for policies directly related to your state.

### REMOTE PATIENT MONITORING

#### MEDICARE:

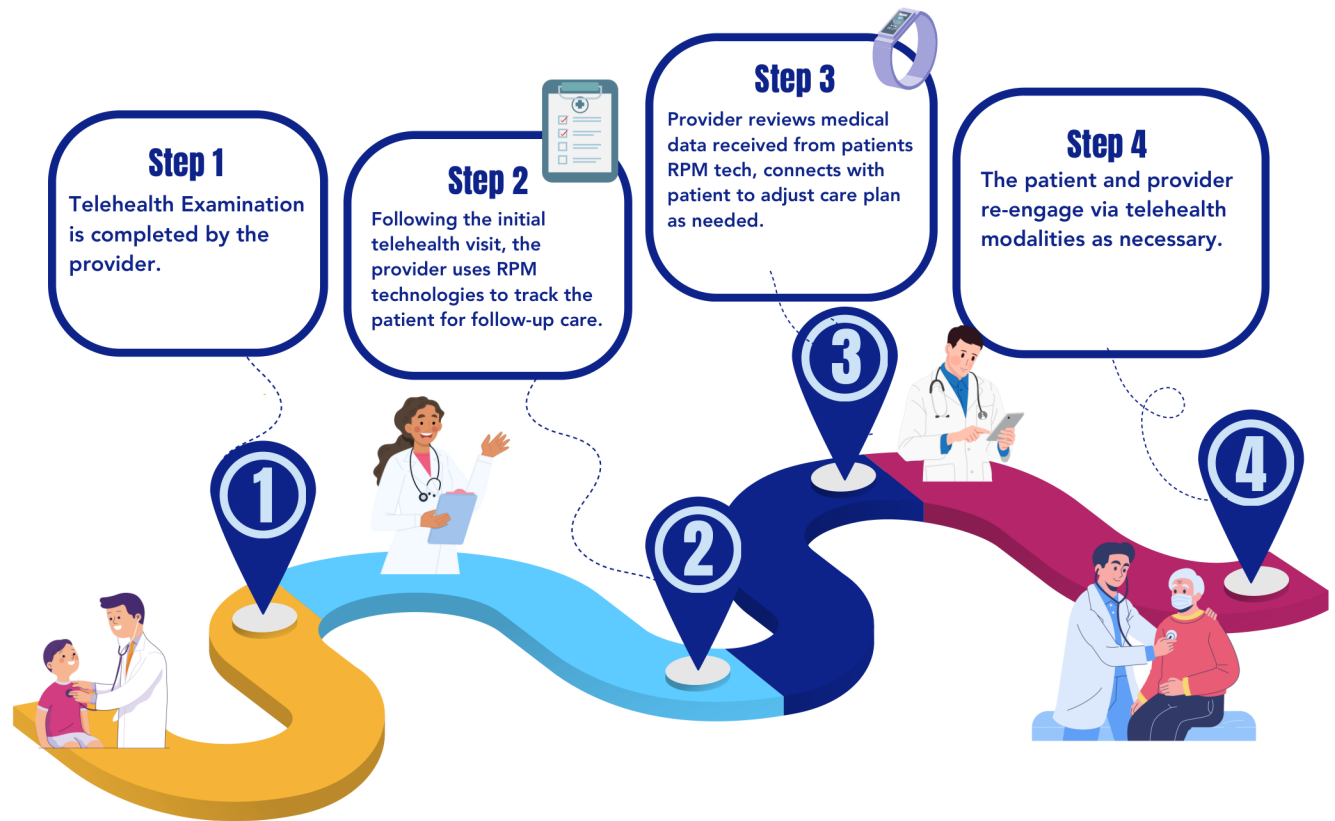
Remote Patient Monitoring Services are assigned specific CPT codes for reimbursement, CPT codes **99453** and **99454**.

Services must meet the following criteria for reimbursement:

- Data must be electronically collected and automatically uploaded to the secure location where the data can be available for analysis and interpretation by the billing practitioner
- The device used to collect and transmit the data must meet the definition of a medical device as defined by the FDA
- RPM data must be collected for at least **16 days out of 30 days**
- RPM services must monitor an acute care or chronic condition
- The services may be provided by auxiliary personnel under the general supervision of the billing practitioner

# REMOTE PATIENT MONITORING

## HOW DOES IT WORK?



## HOW IS RPM REIMBURSED?

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